



कार्यालय प्रधान मुख्य आयकर आयुक्त, आन्ध्र प्रदेश व तेलंगाना, हैदराबाद
Office of the Pr. Chief Commissioner of Income Tax,
Andhra Pradesh & Telangana, Hyderabad,
दसवीं तल, आयकर शिखर/ 10TH Floor, Income Tax Towers,
ए.सी. गार्ड्स, हैदराबाद/ AC Guards, Hyderabad – 500 004.
टेलि.नं./Tel. No. 040 – 23425474, फैक्स/ Fax 040-23241427

F.No. Pr.CCIT/Estt/IDY-22/2022

Date:17.06.2022

MEMORANDUM


Sub: Celebration of International Day of Yoga – 21st June 2022 – Reg

Ref: Directorate of Income Tax(PR, P&P), New Delhi's letter dated 14.06.2022.

* * *

Kindly refer to the above.

2. In accordance with the guidelines of the Board cited under reference, International Yoga Day 2022 will be observed on 21/06/2022 in order to create awareness among the officers and officials on the benefits of Yoga by way of greater and active participation.
3. In this regard, the PCIT/PDIT & CIT/DIT may give necessary instructions to the field offices under their administrative control located at various stations to organize similar event on the above date and take photographs of the same. The synopsis of the event along with best photographs may be forwarded to this office for apprising to CBDT, New Delhi.
4. This is issued with the approval of the competent authority.


(P. KRISHNA KUMAR)
Dy. Commissioner of Income Tax,
(Hqrs)(Admn.),
O/o Pr.CCIT, AP&TS, Hyderabad.

Copy to:

1. The Chief Commissioner of Income Tax, Hyderabad, Vijayawada & Visakhapatnam.
2. The Director General of Income Tax(Inv.), Hyderabad.
3. All the PCIT/PDIT & CIT/DIT of AP & TS Region.



दूरभाष / Tel. : 23411052
फैक्स / Fax. : 23414101

आयकर निदेशालय
(जन सम्पर्क, प्रकाशन व प्रचार)

DIRECTORATE OF INCOME-TAX

(PUBLIC RELATIONS, PUBLICATIONS & PUBLICITY)

छठी मंजिल, मयूर भवन, कनॉट सर्कस, नई दिल्ली-110001

6th FLOOR, MAYUR BHAWAN, CONNAUGHT CIRCUS, NEW DELHI-110 001

F. No. Pub-1(33)/PR, P&P/2022-23/296

Dated. 14.06.2022

To,
The Pr.CCsIT (All regions)
The Pr. DGIT, NADT (Nagpur)

Respected Sir/Madam,

Sub: Celebration of International Day of Yoga – 21st June 2022 – reg.

Kind reference to the subject.

2. Yoga is a symbol of universal aspiration for health and wellbeing. It is health assurance in zero budget. Each yogic activity is a key to improving flexibility, strength, balance and attaining harmony. The word "Yoga" is derived from the Sanskrit root "Yuj" meaning to "to join, to yoke or to unite" symbolizing the unity of mind and body; thought and action; restraint and fulfillment; harmony between human and nature and a holistic approach to health and wellbeing. The International Day of Yoga has been celebrated annually on 21st June since 2015 following its inception in the United Nations General Assembly in 2014 as suggested by the Hon'ble Prime Minister of the country.

3. In this background, celebrations are being planned across the country by different ministries and department of the Government of India to spread awareness about IDY-2022. It is requested that Yoga programs may be organized in different cities within your region on 21st June 2022 to commemorate the event. All the officers, officials and other stakeholders of the Department may be invited to take part in the event. Publicity may be given to the said event locally. Photographs of the event may be clicked and the best photographs may be sent to this Directorate at the email: adgitpublicity@gmail.com

4. This is issued with the approval of Pr.DGIT(Admn. & TPS), New Delhi.

Thanking You,

Yours faithfully,


(Dr. Sanjeev Goel)
ADG(PR,P&P), CBDT